



Bereavement Resources

When someone you love passes away, it can leave a space that's hard to put into words. In the days ahead, you may find yourself trying to make sense of it all, while also figuring out how to keep moving forward.

Grief isn't something you simply "get over." It's something you move through—one step at a time. And you don't have to do that alone.

With the right support, it's possible to find moments of peace, and even joy, along the way. At Vivie, our hospice team walks alongside you during this time, offering care, support, and resources for at least 13 months after your loss. We're here to help you feel supported, understood, and connected.

Grief Share

Grief Share is a support group designed to offer comfort, understanding, and encouragement after the loss of a spouse, child, family member, or friend.

These 13-week sessions are available at different times and locations, so you can join when it feels right for you. We recommend reaching out to confirm current schedules and availability. You can find a group near you here: <https://www.griefshare.org>

Additional Resources

- Center for Loss and Life Transition: www.centerforloss.com/grief/
- Hospice Foundation of America: hospicefoundation.org/
- How Can I Find Relief From Grief: christianquestions.com/grief/
- Coping with Loss: 115 Helpful Websites on Grief and Bereavement: www.mastersincounseling.org/loss-grief-bereavement.html
- The Compassionate Friends: www.compassionatefriends.org
- What's Your Grief: whatsyourgrief.com
- Guiding Grief: guidinggrief.com

Resources for Children

- Dougy Center: www.dougy.org
- Pohl Children's Foundation: Check them out on [Facebook](#)
- National Alliance for Children's Grief: nacg.org
- TalkGrief: TalkGrief.org